

# Licensee survey: here's what you told us

## The Basics

40%

Of those who responded Indicated they have plans to retire in the next 10 years.



Employed physicians, PAs, and 35-54 year olds reported higher dissatisfaction with work/life balance than other age groups.

60%

Of employed physicians reporting dissatisfaction regarding work/life balance were women.



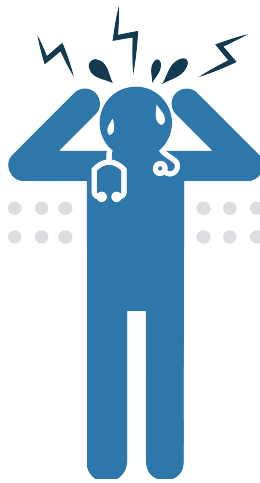
For physicians/PAs in private practice, pay was listed as both a top 5 benefit (#5) and a top 5 challenge (#3).



When breaking down the data, the more experience a physician/PA has, the less rewarding the pay in private practice becomes

## Professional Burnout

Nearly 45% indicated they have **experienced burnout** that lasted more than 3 months



Burnout was about the same between employed physicians and those in private practice

67% of those who reported experiencing burnout DID NOT seek assistance. The most frequent reason cited was that burnout is just part of the job.

Common side effects of burnout were negativity, exhaustion, self-doubt and anxiety, although 6% indicated they have had suicidal thoughts.

## Interactions with NCMB

45%

Good

20%

Excellent

65% of those that responded rated their overall experience with NCMB on a 5 point scale as "good" or "excellent"

The top three forms of interaction reported by 1,811 licensees includes:



Visiting the NCMB Website: 65%



Accessing the Licensee Page: 45%



Reading articles in the Forum: 42%

### How can the Board better serve patients and public education?

Responses included:

"More education around controlled substances"



"Educate the population on the importance of high quality physicians and the danger of losing high quality physicians"

### How can the Board better serve licensees?

Responses included:

"License renewal that lasts longer than 1 year" or "streamline the 23 step process for renewal"



"Offer solutions to burnout, real solutions. Things people can do to help themselves and change their practice if that is even possible."

View the full survey: scan the QR code with your smartphone or go to <http://tinyurl.com/jh2dxjh>

