

***Note: The following list of courses is intended to be used as a guidance document to assist licensees who may need continuing medical education to satisfy requirements requested by the North Carolina Medical Board (“Board”). It should be used as a point of reference from which the licensee may begin a search for CME that fulfills the requirements requested by the Board and is structured to engage active learning in support of improved practice. The Board is not affiliated with any of the courses listed, they may change at any time, and this is not an exclusive list of courses vetted by the Board.**

You may be required to seek pre-approval of your intended course selection(s) prior to registering. You may seek pre-approval by emailing your request to the appropriate inbox as directed in the Board’s correspondence: BoardCompliance@ncmedboard.org or BoardMonitoring@ncmedboard.org and submitting the CME Approval Request Form found on the Board’s website at: [CME Approval Request Form](#).

Board staff welcomes feedback from licensees who opt to take these or other similar courses and comments on the value of the experience are encouraged. Please send all feedback to BoardCompliance@ncmedboard.org

Communication

Vendor	Course Title	Cat 1 CME Credits	Link
SullivanLuallin Group	Physician Communication	6.50 CME	SullivanLuallin Group: Physician Communication
PACE Program	Clinician-Patient Communication	8.0 CME	Clinician-Patient Communication
The University of Chicago	Advanced Communication in Healthcare Workshop	6.0 CME	Advanced Communication in Healthcare Workshop
The Sullivan Group	Communication Strategies to Improve Patient Safety in High-Risk Situations	1.0 CME	Communication Strategies to Improve Patient Safety in High-Risk Situations
Baptist Health	Enhancing Communication with Patients and Families in the Hospital Setting	1.0 CME	Enhancing Communication with Patients and Families in the Hospital Setting

PBI Education	Elevating Civility and Communication in Healthcare (CC-30)	30.0 CME	Elevating Civility and Communication in Healthcare
PBI Education	Managing Clinician-Patient Conflicts (CPC-2)	2.0 CME	Managing Clinician-Patient Conflicts
PACE Program	Managing High Impact Emotions for Healthcare Professionals	31.25 CME	Managing High Impact Emotions for Healthcare Professionals
Case Western Reserve University	Intensive Course in Managing Inappropriate Communications in Medical Practice	21.25 CME	Managing Inappropriate Communications in Medical Practice
CPEP	Improving Inter-Professional Communication: Seminar and Optional Follow-Up Program	19.75 CME	Improving Inter-Professional Communication
CPEP	Enhanced Patient Communication: Building Compassion, Communication and Trust	11.0 CME	Enhanced Patient Communication
Planetree International	Advanced Communication for Physicians	4.0 CME	Advanced Communication for Physicians

Anger Management/Distressed Physician Behaviors

Vendor	Course Title	Cat 1 CME Credits	Link
PACE Program	Managing High Impact Emotions for Healthcare Professionals	31.25 CME	Managing High Impact Emotions for Healthcare Professionals
Vanderbilt University Medical Center	Professional Development for Distressed Physician Behaviors	48.25 CME	Professional Development for Distressed Physician Behaviors

Documentation/Medical Record Keeping

Vendor	Course Title	Cat 1 CME Credits	Link
AMA EdHub	Electronic Health Record	3.0 CME	AMA Ed Hub Electronic Health Record
CPEP	Medical Record Keeping	10.5 CME	CPEP Medical Record Keeping
Drexel	Medical Documentation	4.0 CME	Drexel Medical Documentation
PACE Program	Medical Record Keeping	17.0 CME	PACE Medical Record Keeping
Case Western Reserve University	Intensive Course in Medical Documentation: Clinical, Legal and Economic Implications for Healthcare Providers	15.0 CME	Case Western Reserve University Intensive Course in Medical Documentation: Clinical, Legal and Economic Implications for Healthcare Providers
AAPA	Risk Management CME: Documentation of Clinical Care: Promoting Compliance with Standards of Care and Defending Your Role in Adverse Incidents	0.75 CME	AAPA Risk Management CME: Documentation of Clinical Care: Promoting Compliance with Standards of Care and Defending Your Role in Adverse Incidents
Western Institute of Legal Medicine	Medical Record Keeping	19.0 CME	Western Institute of Legal Medicine Medical Record Keeping
AMS	Better Documentation	2.0 CME	AMS Better Documentation
AMS	Better Documentation II	2.0 CME	AMS Better Documentation II
AMS	Documentation Dilemmas	2.0 CME	AMS Documentation Dilemmas

PBI Education	Medical Record Keeping	17.0 CME	Medical Record Keeping
TMLT	Documentation Errors	2.0 CME	Documentation Errors
Baptist Health	Documentation Matters	1.5 CME	Documentation Matters
Baptist Health	Good and Bad Medical Record Documentation: From Claims Management to Optimal Patient Care Outcomes	1.0 CME	Good and Bad Medical Record Documentation

Prescribing/Pharmacovigilance

Vendor	Course Title	Cat 1 CME Credits	Link
Case Western Reserve University	How to Prescribe Controlled Drugs in a Substance Abuse Epidemic	5.5 CME	How to Prescribe Controlled Drugs in a Substance Abuse Epidemic
PACE Program	Physician Prescribing	27.0 CME	PACE Program Physician Prescribing
CPEP	Prescribing Controlled Drugs: Critical Issues and Common Pitfalls	24.5 CME	CPEP Prescribing Controlled Drugs: Critical Issues and Common Pitfalls
Vanderbilt University Center for Professional Health	Prescribing Controlled Drugs	23.25 CME	Vanderbilt University Center for Professional Health - Prescribing Controlled Drugs
American Academy of Neurology	Comparative Risk of Opioid Overdose with Concomitant Use of Prescription Opioids and Skeletal Muscle Relaxants	0.75 CME	American Academy of Neurology – Comparative Risk of Opioid Overdose with Concomitant Use of Prescription Opioids and Skeletal Muscle Relaxants

NC AHEC	Controlled Substance Prescribing Module 1: Prescribing Controlled Substances in North Carolina	1.0 CME	Prescribing Controlled Substances in North Carolina
NC AHEC	Controlled Substance Prescribing Module 2: Recognizing Signs of Substance Misuse	1.0 CME	Recognizing Signs of Substance Misuse
NC AHEC	Controlled Substance Prescribing Module 3: Best Practices in Chronic Pain Management and Safe Opioid Prescribing	1.0 CME	Best Practices in Chronic Pain Management and Safe Opioid Prescribing
Wake Forest University School of Medicine	Fighting the Opioid Crisis in Our Communities Together	1.0 CME	Fighting the Opioid Crisis in Our Communities Together
Western Institute of Legal Medicine	Prescribing Practices and Management of Chronic Pain and Substance Abuse Disorder	21.0 CME	Prescribing Practices and Management of Chronic Pain and Substance Abuse Disorder
PBI Education	Proper Prescribing (RX-21)	21.0 CME	Proper Prescribing
Case Western Reserve University	Intensive Course in Controlled Substance Abuse Prescribing	23.75 CME	Controlled Substance Abuse Prescribing
AMA Online Learning & Continuing Medical Education Resources	Various CME Courses	Varies	AMA Online CME Resources
American Society of Addiction Medicine	Various CME Courses	Varies	American Society of Addiction Medicine
American Academy of Family Physicians	Various CME Courses	Varies	AAFP CME List
NCMB Website	Various CME Courses	Varies	NCMB Website CME

Benzodiazepines

Vendor	Course Title	Cat 1 CME Credits	Link
JN Learning	Trends in the Use of Benzodiazepines, Z-Hypnotics, and Serotonergic Drugs Among US Women and Men Before and During the COVID-19 Pandemic	1.0 CME	Trends in the Use of Benzodiazepines, etc.
StatPearls	Benzodiazepine Toxicity	1.5 CME	Benzodiazepine Toxicity
Colorado School of Public Health	Benzodiazepines: Boon or Blunder?	1.0 CME	Benzodiazepines: Boon or Blunder?

Professional Boundaries/Ethics/Professionalism

Vendor	Course Title	Cat 1 CME Credits	Link
CPEP	PROBE: Ethics & Boundaries Program	25.25 CME	PROBE Program
PBI Education	The Complete Professional: Navigating Professional Boundaries in Medicine (DR-2)	2.0 CME	Navigating Professional Boundaries in Medicine
PBI Education	Medical Ethics and Professionalism (ME-15)	15.0 CME	Medical Ethics and Professionalism

PBI Education	Medical Ethics and Professionalism (ME-22)	22.0 CME	Medical Ethics and Professionalism
PACE Program	Ethics for Medical Professionals	22.0 CME	Ethics for Medical Professionals
PACE Program	Professional Boundaries Program	39.5 CME	Professional Boundaries Program
Case Western Reserve University	Intensive Course in Medical Ethics, Boundaries and Professionalism	15.25 CME	Medical Ethics, Boundaries and Professionalism
PBI Education	Professional Boundaries (PB-24)	24.0 CME	Professional Boundaries
Elite Learning	Guidance on Professional Boundaries and Sexual Misconduct	2.0 CME	Guidance on Professional Boundaries and Sexual Misconduct
Western Institute of Legal Medicine	Medical Ethics and Professionalism	23.0 CME	Medical Ethics and Professionalism
Vanderbilt University Medical Center	Maintaining Professional Boundaries	24.0 CME	Maintaining Professional Boundaries
NetCE	Professional Boundaries and Sexual Misconduct in Medicine	3.0 CME	Professional Boundaries and Sexual Misconduct in Medicine

Substance Use Disorders

Vendor	Course Title	Cat 1 CME Credits	Link
AAPA	Recognition and Management of Alcohol Use Disorders	0.75 CME	Recognition and Management of Alcohol Use Disorders
Grayken Center for Addiction	Management of Other Substance Use Disorders: Alcohol and Benzodiazepines	1.0 CME	Management of Other Substance Use Disorders
Grayken Center for Addiction	Screening, Assessment, and Treatment of Substance Use Disorders	0.5 CME	Screening, Assessment, and Treatment of Substance Use Disorders
AAFP	Substance Use Disorders	17.75 CME	Substance Use Disorders

Testosterone Therapy/Hormone Replacement

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Hormone Replacement Therapy	1.0 CME	Hormone Replacement Therapy
StatPearls	Androgen Replacement	1.0 CME	Androgen Replacement

AUA University	Testosterone Therapy and Cardiovascular Disease	1.0 CME	Testosterone Therapy and Cardiovascular Disease
Academy of Preventive & Innovative Medicine	What You Need to Master Before Prescribing Testosterone (Part One)	1.0 CME	Part One
Academy of Preventive & Innovative Medicine	What You Need to Master Before Prescribing Testosterone (Part Two)	1.0 CME	Part Two
Academy of Preventive & Innovative Medicine	What You Need to Master Before Prescribing Testosterone (Part Three)	1.0 CME	Part Three
Academy of Preventive & Innovative Medicine	What You Need to Master Before Prescribing Testosterone (Part Four)	1.0 CME	Part Four
Academy of Preventive & Innovative Medicine	What You Need to Master Before Prescribing Testosterone (Part Five)	1.0 CME	Part Five
Academy of Preventive & Innovative Medicine	What You Need to Master Before Prescribing Testosterone (Part Six)	1.0 CME	Part Six
Academy of Preventive & Innovative Medicine	What You Need to Master Before Prescribing Testosterone (Part Seven)	1.0 CME	Part Seven
Academy of Preventive & Innovative Medicine	What You Need to Master Before Prescribing Testosterone (Part Eight)	1.0 CME	Part Eight

Sexual Harassment/Misconduct

Vendor	Course Title	Cat 1 CME Credits	Link
American Seminar	Sexual Harassment Mini Course	4.0 CME	Sexual Harassment Mini Course
Elite Learning	Guidance on Professional Boundaries and Sexual Misconduct	2.0 CME	Guidance on Professional Boundaries and Sexual Misconduct
Interprofessional Continuing Education Partnership	Sexual Harassment Prevention in the Workplace	1.0 CME	Sexual Harassment Prevention in the Workplace
RUSH	Sexual Harassment Prevention Training 2023 Update	1.0 CME	Sexual Harassment Prevention Training 2023 Update
Premiere Education	Sexual Harassment Prevention for Healthcare Providers	1.0 CME	Sexual Harassment Prevention for Healthcare Providers
NetCE	Professional Boundaries and Sexual Misconduct in Medicine	3.0 CME	Professional Boundaries and Sexual Misconduct in Medicine

Physical Exam Documentation

Vendor	Course Title	Cat 1 CME Credits	Link
MED Mastery	Internship Survival Essentials	4.0 CME	MED Mastery – Internship Survival Essentials

Sexual Health

Vendor	Course Title	Cat 1 CME Credits	Link
Mayo Clinic	Sexual Health (Including Pelvic Pain)	4.25 CME	Sexual Health

Diagnosis and Treatment of Anxiety

Vendor	Course Title	Cat 1 CME Credits	Link
AMA EdHub	Mental Health and Anxiety Disorders	16.75 CME	Mental Health and Anxiety Disorders
MED Mastery	Depression and Anxiety Essentials	3.0 CME	Depression and Anxiety Essentials
JN Learning	Screening for Anxiety Disorders in Adults	1.0 CME	Screening for Anxiety Disorders in Adults
JN Learning	Screening for Anxiety in Adolescent and Adult Women	1.0 CME	Screening for Anxiety in Adolescent and Adult Women

Geriatric Care

Vendor	Course Title	Cat 1 CME Credits	Link
AAFP	Geriatric Care in the Community Setting	5.0 CME	Geriatric Care in the Community Setting

Xanthochromia

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Xanthochromia	1.5 CME	Xanthochromia

Appendicitis

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Appendicitis	2.5 CME	Appendicitis
UT Health	Pediatric Appendicitis: Little Organ, Big Problem	0.5 CME	Pediatric Appendicitis

Acute Respiratory Failure

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Refractory Hypoxemia and Venovenous ECMO	1.0 CME	Refractory Hypoxemia and Venovenous ECMO
StatPearls	Respiratory Failure in Adults	1.5 CME	Respiratory Failure in Adults

Atypical Chest Pain

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Acute Coronary Syndrome	1.5 CME	Acute Coronary Syndrome
StatPearls	Coronary Artery Disease Prevention	1.0 CME	Coronary Artery Disease Prevention
StatPearls	Cardiovascular Disease	1.0 CME	Cardiovascular Disease

Herpes Zoster

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Herpes Zoster	1.0 CME	Herpes Zoster
Physicians Education Resource	Maximizing Patient Outcomes in Shingles – Are You Leveraging Guideline Based Care?	1.5 CME	Maximizing Patient Outcomes in Shingles

Telehealth

Vendor	Course Title	Cat 1 CME Credits	Link
AMA EdHub	Telehealth, Clinical Screening and the Healthcare Provider	2.25 CME	Telehealth, Clinical Screening and the Healthcare Provider
AMA EdHub	Telehealth Lessons and Benefits	6.75 CME	Telehealth Lessons and Benefits