

**\*Note: The following list of courses is intended to be used as a guidance document to assist licensees who may need continuing medical education to satisfy requirements requested by the North Carolina Medical Board (“Board”). It should be used as a point of reference from which the licensee may begin a search for CME that fulfills the requirements requested by the Board and is structured to engage active learning in support of improved practice. The Board is not affiliated with any of the courses listed, they may change at any time, and this is not an exclusive list of courses vetted by the Board.**

**You may be required to seek pre-approval of your intended course selection(s) prior to registering. You may seek pre-approval by emailing your request to the appropriate inbox as directed in the Board’s correspondence: [BoardCompliance@ncmedboard.org](mailto:BoardCompliance@ncmedboard.org) or [BoardMonitoring@ncmedboard.org](mailto:BoardMonitoring@ncmedboard.org) and submitting the CME Approval Request Form found on the Board’s website at: [CME Approval Request Form](#).**

**Board staff welcomes feedback from licensees who opt to take these or other similar courses and comments on the value of the experience are encouraged. Please send all feedback to [BoardCompliance@ncmedboard.org](mailto:BoardCompliance@ncmedboard.org)**

## Communication

Vendor	Course Title	Cat 1 CME Credits	Link
PACE Program	Clinician-Patient Communication	8.0 CME	<a href="#">Clinician-Patient Communication</a>
The University of Chicago	Advanced Communication in Healthcare Workshop	6.0 CME	<a href="#">Advanced Communication in Healthcare Workshop</a>
The Sullivan Group	Communication Strategies to Improve Patient Safety in High-Risk Situations	1.0 CME	<a href="#">Communication Strategies to Improve Patient Safety in High-Risk Situations</a>
Baptist Health	Enhancing Communication with Patients and Families in the Hospital Setting	1.0 CME	<a href="#">Enhancing Communication with Patients and Families in the Hospital Setting</a>

Baptist Health	Navigating Difficult Discussions with Patients and Families (Part 1) – Best Practice Tools	1.25 CME	<a href="#">Navigating Difficult Discussions with Patients and Families (Part 1)</a>
Baptist Health	Navigating Difficult Discussions with Patients and Families (Part 2) – Informed Consent/Shared Decision-Making Utilizing Best Case/Worst Case Model	1.25 CME	<a href="#">Navigating Difficult Discussions with Patients and Families (Part 2)</a>
Baptist Health	Risk Management: Best Practice in Communication and Documentation to Reduce Risk	1.0 CME	<a href="#">Risk Management: Best Practice in Communication and Documentation to Reduce Risk</a>
PBI Education	Elevating Civility and Communication in Healthcare (CC-30), (CC-30EX)	30.0 to 42.0 CME	<a href="#">Elevating Civility and Communication in Healthcare</a>
PBI Education	Managing Clinician-Patient Conflicts (CPC-2)	2.0 CME	<a href="#">Managing Clinician-Patient Conflicts</a>
PACE Program	Managing High Impact Emotions for Healthcare Professionals	31.25 CME	<a href="#">Managing High Impact Emotions for Healthcare Professionals</a>
Case Western Reserve University	Intensive Course in Managing Inappropriate Communications in Medical Practice	21.25 CME	<a href="#">Managing Inappropriate Communications in Medical Practice</a>
CPEP	Improving Inter-Professional Communication: Seminar and Optional Follow-Up Program	19.75 CME	<a href="#">Improving Inter-Professional Communication</a>
CPEP	Enhanced Patient Communication: Building Compassion, Communication and Trust	11.0 CME	<a href="#">Enhanced Patient Communication</a>
Planetree International	Advanced Communication for Physicians	4.0 CME	<a href="#">Advanced Communication for Physicians</a>
MedPro Group	The “Difficult” Patient Encounter: Risk Insights and Mitigation Strategies	1.0 CME	<a href="#">The “Difficult” Patient Encounter: Risk Insights and Mitigation Strategies</a>

Mayo Clinic	Effective Communication in Healthcare	3.50 CME	<a href="#">Effective Communication in Healthcare</a>
University of Arizona College of Medicine – Tucson	Professionalism: Communicating with the Health Care Team	1.50 CME	<a href="#">Professionalism: Communicating with the Health Care Team</a>

### **Anger Management/Distressed Physician Behaviors**

Vendor	Course Title	Cat 1 CME Credits	Link
PACE Program	Managing High Impact Emotions for Healthcare Professionals	31.25 CME	<a href="#">Managing High Impact Emotions for Healthcare Professionals</a>
AMA EdHub	Physician Burnout & Wellness	18.75 CME	<a href="#">Physician Burnout &amp; Wellness</a>

### **Documentation/Medical Record Keeping**

Vendor	Course Title	Cat 1 CME Credits	Link
AMA EdHub	Electronic Health Record	15.75 CME	<a href="#">AMA Ed Hub Electronic Health Record</a>
CPEP	Medical Record Keeping	10.5 CME	<a href="#">CPEP Medical Record Keeping</a>

Drexel	Medical Documentation	4.0 CME	<a href="#">Drexel Medical Documentation</a>
PACE Program	Medical Record Keeping	17.0 CME	<a href="#">PACE Medical Record Keeping</a>
Case Western Reserve University	Intensive Course in Medical Documentation: Clinical, Legal and Economic Implications for Healthcare Providers	15.0 CME	<a href="#">Case Western Reserve University Intensive Course in Medical Documentation: Clinical, Legal and Economic Implications for Healthcare Providers</a>
Western Institute of Legal Medicine	Medical Record Keeping	19.0 CME	<a href="#">Western Institute of Legal Medicine Medical Record Keeping</a>
PBI Education	Medical Record Keeping (MR-17) (MR-17EX)	17.0 to 30.0CME	<a href="#">Medical Record Keeping</a>
TMLT	Documentation Errors	2.0 CME	<a href="#">Documentation Errors</a>
Baptist Health	Documentation Matters	1.5 CME	<a href="#">Documentation Matters</a>
Baptist Health	Risk Management: Best Practice in Communication and Documentation to Reduce Risk	1.0 CME	<a href="#">Risk Management: Best Practice in Communication and Documentation to Reduce Risk</a>
Baptist Health	The Importance of Medical Documentation	1.0 CME	<a href="#">The Importance of Medical Documentation</a>
PBI Education	Risk Management Essentials (RM-10) (RM-10EX)	10.0 to 22.0 CME	<a href="#">Risk Management</a>
Medical Interactive Community	Documentation Bundle	1.75 CME	<a href="#">Documentation Bundle</a>

## Informed Consent and Medical Decision Making

Vendor	Course Title	Cat 1 CME Credits	Link
AMA EdHub	Patients Who Cannot Give Informed Consent – Informed Consent and Decision Making	0.25 CME	<a href="#">Patients Who Cannot Give Informed Consent</a>
AMA EdHub	Understanding Patients’ Perspectives – Informed Consent as Process and Applying the LEARN Model	0.5 CME	<a href="#">Understanding Patients’ Perspectives</a>
Hurley Medical	Navigating Ethical Challenges in Decision-Making Capacity and Surrogate Decision-Making in the Informed Consent Process	1.0 CME	<a href="#">Navigating Ethical Challenges in Decision-Making Capacity and Surrogate Decision-Making in the Informed Consent Process</a>
StatPearls	Informed Consent	1.0 CME	<a href="#">Informed Consent</a>
Medical Interactive Community	Beyond Informed Consent	1.50 CME	<a href="#">Beyond Informed Consent</a>

## Prescribing/Pharmacovigilance

Vendor	Course Title	Cat 1 CME Credits	Link
Case Western Reserve University	How to Prescribe Controlled Drugs in a Substance Abuse Epidemic	5.5 CME	<a href="#">How to Prescribe Controlled Drugs in a Substance Abuse Epidemic</a>

PACE Program	Physician Prescribing	27.0 CME	<a href="#">PACE Program Physician Prescribing</a>
CPEP	Prescribing Controlled Drugs: Critical Issues and Common Pitfalls	24.5 CME	<a href="#">CPEP Prescribing Controlled Drugs: Critical Issues and Common Pitfalls</a>
Vanderbilt University Center for Professional Health	Prescribing Controlled Drugs	23.75 CME	<a href="#">Vanderbilt University Center for Professional Health - Prescribing Controlled Drugs</a>
NC AHEC	Controlled Substance Prescribing Module 1: Prescribing Controlled Substances in North Carolina	1.0 CME	<a href="#">Prescribing Controlled Substances in North Carolina</a>
NC AHEC	Controlled Substance Prescribing Module 2: Recognizing Signs of Substance Misuse	1.0 CME	<a href="#">Recognizing Signs of Substance Misuse</a>
NC AHEC	Controlled Substance Prescribing Module 3: Best Practices in Chronic Pain Management and Safe Opioid Prescribing	1.0 CME	<a href="#">Best Practices in Chronic Pain Management and Safe Opioid Prescribing</a>
Western Institute of Legal Medicine	Prescribing Practices and Management of Chronic Pain and Substance Abuse Disorder	21.0 CME	<a href="#">Prescribing Practices and Management of Chronic Pain and Substance Abuse Disorder</a>
PBI Education	Proper Prescribing (RX-21) (RX-21EX)	21.0 to 33.0 CME	<a href="#">Proper Prescribing</a>
Case Western Reserve University	Intensive Course in Controlled Substance Abuse Prescribing	23.75 CME	<a href="#">Controlled Substance Abuse Prescribing</a>
AMA Online Learning & Continuing Medical Education Resources	Various CME Courses	Varies	<a href="#">AMA Online CME Resources</a>

American Academy of Family Physicians	Various CME Courses	Varies	<a href="#">AAFP CME List</a>
NCMB Website	Various CME Courses	Varies	<a href="#">NCMB Website CME</a>
RUSH	Safe Opioid Prescribing Practices	3.0 CME	<a href="#">Safe Opioid Prescribing Practices</a>
AMA EdHub	Prescribing Opioids for Pain	1.0 CME	<a href="#">Prescribing Opioids for Pain</a>

## Benzodiazepines

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Benzodiazepine Toxicity	1.5 CME	<a href="#">Benzodiazepine Toxicity</a>
ASAM eLearning	Management of Benzodiazepine Withdrawal in the Outpatient and Non-Hospital Settings	1.25 CME	<a href="#">Management of Benzodiazepine Withdrawal in the Outpatient and Non-Hospital Settings</a>
Psychopharmacology Institute	Motivational Interviewing Strategies for Benzodiazepine Users	1.25 CME	<a href="#">Motivational Interviewing Strategies for Benzodiazepine Users</a>
Psychopharmacology Institute	Understanding Benzodiazepine Prescribing: A Clinician's Guide	1.0 CME	<a href="#">Understanding Benzodiazepine Prescribing: A Clinician's Guide</a>

## Professional Boundaries/Ethics/Professionalism

Vendor	Course Title	Cat 1 CME Credits	Link
CPEP	PROBE: Ethics & Boundaries Program	25.25 CME	<a href="#">PROBE Program</a>
PBI Education	The Complete Professional: Navigating Professional Boundaries in Medicine (DR-2)	2.0 CME	<a href="#">Navigating Professional Boundaries in Medicine</a>
PBI Education	Medical Ethics and Professionalism (ME-15) (ME-15EX)	15.0 to 27.0 CME	<a href="#">Medical Ethics and Professionalism</a>
PBI Education	Medical Ethics and Professionalism (ME-22) (ME-22EX)	22.0 to 34.0 CME	<a href="#">Medical Ethics and Professionalism</a>
PACE Program	Ethics for Medical Professionals	22.0 CME	<a href="#">Ethics for Medical Professionals</a>
PACE Program	Professional Boundaries Program	39.5 CME	<a href="#">Professional Boundaries Program</a>
Case Western Reserve University	Intensive Course in Medical Ethics, Boundaries and Professionalism	15.25 CME	<a href="#">Medical Ethics, Boundaries and Professionalism</a>
PBI Education	Professional Boundaries (PB-24) (PB-24EN) (PB-24EX)	24.0 to 46.0 CME	<a href="#">Professional Boundaries</a>
Western Institute of Legal Medicine	Medical Ethics and Professionalism	23.0 CME	<a href="#">Medical Ethics and Professionalism</a>

Vanderbilt University Medical Center	Maintaining Professional Boundaries	24.0 CME	<a href="#">Maintaining Professional Boundaries</a>
NetCE	Professional Boundaries and Sexual Misconduct in Medicine	3.0 CME	<a href="#">Professional Boundaries and Sexual Misconduct in Medicine</a>
FSMB	Professional Boundaries	0.5 CME	<a href="#">Professional Boundaries</a>
American Medical Compliance	Professionalism in the Workplace for Healthcare Providers Training	1.0 CME	<a href="#">Professionalism in the Workplace for Healthcare Providers Training</a>

## Substance Use Disorders

Vendor	Course Title	Cat 1 CME Credits	Link
Grayken Center for Addiction	Screening, Assessment, and Treatment of Substance Use Disorders	0.5 CME	<a href="#">Screening, Assessment, and Treatment of Substance Use Disorders</a>
AAFP	Substance Use Disorders	17.75 CME	<a href="#">Substance Use Disorders</a>

## Testosterone Therapy/Hormone Replacement

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Hormone Replacement Therapy	1.0 CME	<a href="#">Hormone Replacement Therapy</a>
StatPearls	Androgen Replacement	1.0 CME	<a href="#">Androgen Replacement</a>

## Sexual Harassment/Misconduct

Vendor	Course Title	Cat 1 CME Credits	Link
Interprofessional Continuing Education Partnership	Sexual Harassment Prevention in the Workplace 2024-2026	1.0 CME	<a href="#">Sexual Harassment Prevention in the Workplace</a>
RUSH	Sexual Harassment Prevention Training 2025	1.0 CME	<a href="#">Sexual Harassment Prevention Training 2025</a>
PriMed	Sexual Misconduct in the Medical Setting: Boundaries in the Clinician-Patient Relationship	1.0 CME	<a href="#">Sexual Misconduct in the Medical Setting: Boundaries in the Clinician-Patient Relationship</a>
Premiere Education	Sexual Harassment Prevention for Healthcare Providers	1.0 CME	<a href="#">Sexual Harassment Prevention for Healthcare Providers</a>

NetCE	Professional Boundaries and Sexual Misconduct in Medicine	3.0 CME	<a href="#">Professional Boundaries and Sexual Misconduct in Medicine</a>
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## Clinical Reasoning and Examination

Vendor	Course Title	Cat 1 CME Credits	Link
MED Mastery	Internship Survival Essentials	4.0 CME	<a href="#">MED Mastery – Internship Survival Essentials</a>

## Sexual Health

Vendor	Course Title	Cat 1 CME Credits	Link
Mayo Clinic	Sexual Health (Including Pelvic Pain)	4.25 CME	<a href="#">Sexual Health</a>

## Diagnosis and Treatment of Anxiety

Vendor	Course Title	Cat 1 CME Credits	Link
MED Mastery	Depression and Anxiety Essentials	3.0 CME	<a href="#">Depression and Anxiety Essentials</a>
JN Learning	Screening for Anxiety Disorders in Adults	1.0 CME	<a href="#">Screening for Anxiety Disorders in Adults</a>
StatPearls	Generalized Anxiety Disorder	1.0 CME	<a href="#">Generalized Anxiety Disorder</a>
StatPearls	Social Anxiety Disorder	1.0 CME	<a href="#">Social Anxiety Disorder</a>
StatPearls	Panic Disorder	1.50 CME	<a href="#">Panic Disorder</a>

## Attention Deficit Hyperactivity Disorder

Vendor	Course Title	Cat 1 CME Credits	Link
NetCE	Attention Deficit Hyperactivity Disorder	5.0 CME	<a href="#">Attention Deficit Hyperactivity Disorder</a>

## Geriatric Care

Vendor	Course Title	Cat 1 CME Credits	Link
AAFP	Geriatric Medicine Edition 13	22.75 CME	<a href="#">Geriatric Medicine Edition 13</a>

## Xanthochromia

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Xanthochromia	1.5 CME	<a href="#">Xanthochromia</a>

## Appendicitis

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Appendicitis	2.5 CME	<a href="#">Appendicitis</a>
UT Health	Pediatric Appendicitis: Little Organ, Big Problem	0.5 CME	<a href="#">Pediatric Appendicitis</a>

## Acute Respiratory Failure

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Refractory Hypoxemia and Venovenous ECMO	1.0 CME	<a href="#">Refractory Hypoxemia and Venovenous ECMO</a>
StatPearls	Respiratory Failure in Adults	1.5 CME	<a href="#">Respiratory Failure in Adults</a>

## Atypical Chest Pain

Vendor	Course Title	Cat 1 CME Credits	Link
StatPearls	Acute Coronary Syndrome	1.5 CME	<a href="#">Acute Coronary Syndrome</a>
StatPearls	Coronary Artery Disease Prevention	1.0 CME	<a href="#">Coronary Artery Disease Prevention</a>
StatPearls	Cardiovascular Disease	1.0 CME	<a href="#">Cardiovascular Disease</a>

## Telehealth

Vendor	Course Title	Cat 1 CME Credits	Link
AMA EdHub	Telemedicine: Providing Safe Remote Health Care	19.0 CME	<a href="#">Telemedicine: Providing Safe Remote Health Care</a>

## Health Insurance Portability and Accountability Act

Vendor	Course Title	Cat 1 CME Credits	Link
CITI Program	HIPAA Basics for Healthcare Professionals	6.0 CME	<a href="#">HIPAA Basics for Healthcare Professionals</a>
NetCE	HIPAA Privacy and Security	5.0 CME	<a href="#">HIPAA Privacy and Security</a>
The Doctors Company	HIPAA Breach Notification Rules and Reporting: 2026 Edition	1.0 CME	<a href="#">HIPAA Breach Notification Rules and Reporting: 2026 Edition</a>